



## Club Mirbeau

*Plymouth, MA*

The Club Mirbeau has been created to allow local residents to be able to join together and take advantage of the extensive Fitness and Wellness Programs and Facilities that are offered at the *Mirbeau Inn & Spa*, which have been designed to improve your body, spirit, and emotional well-being. Part educational, part social and all fun, take it all in and enjoy your membership with us. The Club Mirbeau Membership Plan includes the following:

### ACCESS:

- Full access to all resort and dining facilities
- Full access to all spa facilities 6:00am – 9:00pm every day

### BENEFITS:

- Extensive Aerobic Exercise Facility and Equipment
- Cybex Equipment, Functional Trainer and Free Weights
- Indoor Cycling – M3 Keiser Bikes – First Person Theater Rides
- Various Styles of Yoga, Tai Chi and Pilates
- High Intensity Interval Training – TRX, Kettle Bells and Boot Camps
- Dance Fitness – Barre, Ballroom, New School, Aerobic-Style Dance, and Zumba
- State-of-the-Art Cardio Equipment – Cybex, Matrix, Espresso HD and H2O Rower
- 10% Discount on all Spa Treatments
- 10% Discount at the Spa Boutique, LaVie Mirbeau
- 10% Discount on dining
- Finely-Appointed Locker Rooms with Eucalyptus-Infused Steam Rooms
- Spa Resting Area with Heated Foot Bath
- Aqua Terrace with Hot Plunge Pool and Private Aqua Terrace Bar
- Guest Day Passes (6 per member, per year)
- Body Composition Analysis
- Initial Complimentary Skin Analysis
- Initial Complimentary Bi-annual Fitness Evaluation
- Introductory Nutritional Counseling Session
- Introductory Customized Personal Fitness Training Program
- Member Social Functions, Dinners, Wine Tastings and Lawn Picnics
- Membership Appreciation Evenings
- Unlimited Fitness Classes

# Membership Plan

## MEMBERSHIP RULES & POLICIES:

1. Mirbeau Inn & Spa is a smoke-free property. There is NO SMOKING anywhere on the grounds or facilities.
2. Memberships are limited to ages 18 years and older.
3. All Spa Treatments and Personal/Small Group Instruction should be scheduled at least 48 hours prior to your requested treatment in order for us to have the appropriate therapist available for your request. Walk-ins are accepted based upon the availability of the therapists and trainers. Reservations may be booked either by calling (508) 591-4947, on-line or in person. **There is a 72- hour cancellation policy for all treatments/services to avoid a full charge for the service.**
4. Appointments and advance booking privileges are available on a first-come, first-serve basis.
5. Please plan to arrive at least 15 minutes prior to your treatment or fitness program.
6. Members will be issued membership cards that will include his/her name, picture, account number, and membership plan.
7. Members must check-in at the Spa front desk and may be asked to present their membership card upon entering the facilities.
8. A membership card may not be used by any person other than the person to whom it is issued. Membership cards are not transferable.
9. In the event of a lost or stolen membership card, Mirbeau must be notified immediately. The member's club account will be canceled and Mirbeau will issue a new membership card number. Until notification of card loss or theft is received in writing by Mirbeau, the member shall be responsible for all charges placed on the account. A card replacement fee as determined by Mirbeau may be charged for lost, stolen or damaged membership cards or in any situation where the membership account number is changed.
10. Members have the option of having dues, fees, dining room checks, spa services, retail items, and other charges billed to their credit or debit card on file with Mirbeau, or billed directly to their membership account. Such charges will be billed on a monthly basis, and members will receive a written statement of their charges.
11. When a membership is issued in the name of more than one person, each person shall be jointly and severally liable for all dues, fees and other charges and liabilities associated with the membership.
12. Each member as a condition of membership and each guest as a condition of invitation to the Mirbeau facilities assume sole responsibility for his or her property. Mirbeau shall not be responsible for any loss or damage to any personal property used or stored on the Mirbeau facilities, whether in lockers or elsewhere.

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13. Appropriate workout clothing and footwear is required in all fitness facilities.
14. Members agree to conduct themselves in a quiet and well-mannered fashion when at the Mirbeau Inn & Spa and to not cause any disturbance or interfere with the safe use or enjoyment of the Mirbeau Inn & Spa facilities by other members or guests. Mirbeau does not permit and will not tolerate any inappropriate conduct. Such conduct includes but is not limited to: using loud, abusive, offensive, insulting, demeaning language, profanity, lewd conduct or any conduct that harasses or is bothersome to members, guests, or Mirbeau employees. Mirbeau reserves the right to direct any member in violation of this provision off property and, at the discretion of the General Manager, to terminate membership.
15. Members shall have full use of the Spa Locker Rooms. Clothing and other items may not be left in the lockers overnight without the prior approval of the Spa Director.
16. A Member may “Freeze” the term of his or her membership at any time upon 30 day’s written notice, but no more than once per year. A Freeze is activated at the start of the next, monthly billing cycle, and can be requested in monthly increments for up to 4 months based on family emergency, injury, illness, or extended work or stay out of town. During the period of the Freeze, all membership privileges will be suspended. Following the end of the Freeze period, the membership term will automatically recommence, and the membership auto-renew and automatic, monthly billing will be reactivated. A Freeze extends the Member’s contract membership term by the number of months that the membership plan is frozen for. A fee of \$25 will be charged to the Member’s Account for each month a Freeze is requested.